

about how "Those who have remained at camp today have been busily engaged in dressing skins for clothing notwithstanding that many of them have their feet so mangled and bruised with the stones and rough ground over which they have passed barefoot." [(6) p.149] and then later "The men of the garrison are still busily employed in dressing Elk skins for clothing." [(6) p. 315] From the writings of James O. Pattie, "At the encampment, on the banks of the Platte, we remained four days during which time we killed some antelopes and deer, and dressed their skins to make us moccasins." [(3) p. 3] and "On the morning of the 17<sup>th</sup> we commenced as usual, our early march, giving orders to our advanced guard to kill a buffalo bull and make moccasins for some of our horses from the skin, their feet having become so tender from the irritation of the sharp grass, as to make them travel with difficulty." [(3) p. 8-9] and also "We likewise killed plenty of elk and dressed their skins for clothing." [(3) p. 68]

Not only did the people have to find food and clothing so far from home, they also had to obtain remedies and cures for themselves when they became sick or injured. There are several written accounts of remedies being made and also caring for wounds that they had suffered. Russell tells how "I had bathed my wounds in salt water and made a salve of Beavers Oil and Castoreum which I applied to them. This had eased the pain and drawn out the swelling in a great measure." [(5) p.105] James Clyman tell how he patched up Jeddiah Smith after he was attacked by a grizzly bear. "None of us having any surgical knowledge what was to be done. I got a pair of scissors and cut off his hair and began my first job of dressing wounds. One of his ears was torn from his head out to the outer rim. After stitching all the other wounds in the best way I was capabl (capable) and according to the captains directions the ear being the last I told him I could do nothing for his Eare (ear) O you must try to stich up some way or other said he then I put my needle stiching it through and through and over and over laying the lacerated parts together as nice as I could with hands." [(4) p. 22] Lewis and Clark relate "Jo Potts leg which had been much swelled and inflamed for several days (cut badly a large vein on the inside of the leg) is much better this evening and gives him but little pain. We applied the pounded root and leaves of wild ginger from which he found great relief." [(6) p.412] Some times remedies were simple as Captain Lewis demonstrated. Clark